



## THREE RIVERS LEAGUE

### 2021 VOLLEYBALL ALL-LEAGUE TEAMS

#### First Team

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Emily Warmenhoven	Sr.	Outside Hitter	West Linn
Emma Pruitt	Sr.	Outside Hitter	Oregon City
Morghn Monahan	Sr.	Middle Hitter	Lake Oswego
Sophie Biehler	Sr.	Outside Hitter	Tualatin
Sydney Hamlin	So.	Outside Hitter	Lakeridge
Shealyn Cecil	Sr.	Setter	West Linn
Emilie Colner	Sr.	Libero	St. Mary's
Olivia Adamo	So.	Middle Hitter	Oregon City
Grace Wollmuth	Jr.	Setter	Lake Oswego
Samantha Keightley	Jr.	Libero	Oregon City
Ella Nordquist	Sr.	Middle Hitter	West Linn
Addie Hoover	Jr.	Opposite	West Linn

#### Second Team

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Natalie Just	Jr.	Setter	Canby
Paige Thies	Fr.	Outside Hitter	Oregon City
Ema Meier	Sr.	OH/MH	Lakeridge
Marlie Wear	Sr.	Libero	Lakeridge
Adrienne Nguyen	So.	Setter	St. Mary's
Sophie Fast	Jr.	Setter	Tualatin
Berit Brecke	Sr.	Rightside Hitter	St. Mary's
Sera Reilly	Sr.	Libero	Tigard
Rayna Reynolds	Sr.	Middle Hitter	West Linn

#### Honorable Mention

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Dimitra Protopapas	Sr.	Defensive Specialist	Oregon City
Kira Mish	Sr.	Outside Hitter/RS	St. Mary's
Samy Vandecoevering	Sr.	DS/Libero	Canby
Camille Myers	Sr.	Outside Hitter	Lake Oswego
Emma Frye	Jr.	Middle Hitter/OH	Tigard
Emma Iwaniec	Sr.	Middle Hitter	St. Mary's
Sydney Littler	Jr.	Middle Hitter	Lakeridge
Anna Follett	Sr.	Outside Hitter	Tigard
Bella Bovich	Jr.	Libero	Lake Oswego
Emma Cereghino	Sr.	Outside Hitter	Oregon City
Josie Phillips	Sr.	Outside Hitter	Tualatin
Chloe Annas	Jr.	Middle Hitter	Canby
Amyah Semau	Jr.	Outside Hitter	West Linn
Gabi Gray	Sr.	DS/Libero	Canby
Emma Cory	Sr.	Outside Hitter	Lake Oswego
Andie Valdes	Jr.	Libero	Tualatin
Amber Walker	So.	Outside Hitter	Tigard
Atalie Leder	Sr.	Outside Hitter	Canby
Julissa Pernsteiner	So.	Outside Hitter	St. Mary's
Niyah Coleman	Jr.	Outside Hitter	Lakeridge
Paige Lawton	Sr.	Middle Hitter	Tualatin

#### Player of the Year

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Emily Warmenhoven West Linn

#### Coach of the Year

Erica Frafjord Oregon City